

Pathways Made Easy

Using DNA Results to Improve Health and Wellness

Learn to use evidence based DNA results and health histories to create personalized protocols including product recommendations, diet and lifestyle changes to support genetic variants which may be impeding health. This is an exciting opportunity to use new technology to gain insight into a patient's metabolism. With DNA results and analysis support, you will be able to bridge the gap between vulnerable metabolic pathways and health.

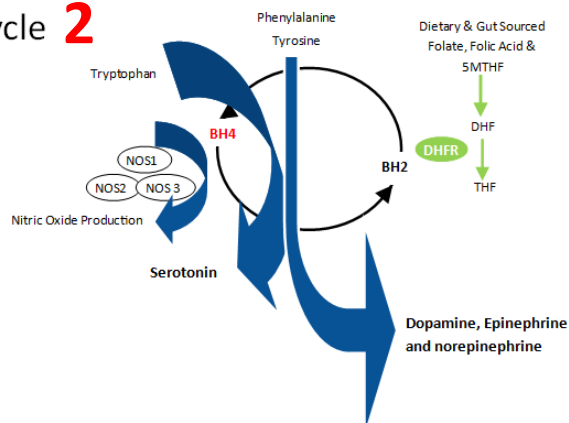
At this program we will review real-life cases, look into the involved genetic variants, investigate the related pathways and determine the options for pathway support and improved health.

This program will be targeted toward health practitioners who are familiar with integrative medicine and have a general knowledge of the naturopathic approach to care but they need have no experience in DNA testing. AIM provides step-by-step support for the Pharmacist or practitioner wishing to incorporate DNA testing into their practice; this program will give you a better understanding of that process and how to apply it with your clients. See "A Closer Look" on the next page for more information.

1 **Complaint: Depression**

DNA Testing reveals an associated SNP in **BH4**

2 **BH4 Cycle**



3 **Support BH4 and neighboring pathways to help processes run more efficiently.**

1. Support SNP with Nutrients
2. Remove Stressors
3. Support Neighboring Pathways as Needed

Join us for a 2-Day Seminar in Branson, Missouri and enjoy all that this fun and relaxing getaway has to offer.

Hilton Promenade at Branson Landing, Branson, Missouri

Reservations: 1-866-568-0890 or [ENTER LOCAL NUMBER](#)

Group Code: Academy of Integrative Medicine

Fly into either Branson Airport - 12 miles to hotel (Frontier) or

Springfield-Branson National Airport - 50 miles from hotel

(Allegiant, American Airlines, Delta, United)

Register for the Program by calling AIM at 866-308-9737.



TENTATIVE SCHEDULE

Pathways Made Easy

How to get started in improving Health and Wellness



Friday, April 3, 2020

8:30 Registration

9:00 Welcome and Introduction

9:15 What is Pathway Analysis and Why Should I Use It?

10:15 *Break*

10:30 Overview of Key Pathways

11:30 *Lunch (on your own)*

1:00 Investigating Problems with “Food, Gut, Histamine and Oxalates”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

Investigating Problems with “SOD and Catalase”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

3:00 *Break*

3:15 Investigating Problems with “NAD + NADH”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

Investigating Problems with “Glutamate”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

4:45 Q & A

5:00 *Closing*

TENTATIVE SCHEDULE

Pathways Made Easy

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Saturday, April 4, 2020

9:00 Natural Creations Product Talk—Bill Steppuhn, Owner/CEO

10:00 *Break*

10:30 Incorporating DNA Testing in Your Business

11:30 *Lunch (on your own)*

1:00 Investigating Problems with “FOXO and Sirtuins”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

Investigating Problems with “Fenton Reaction”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

3:00 *Break*

3:15 Investigating Problems with “MTHFR, Folate and Methylation”

- Pathways
- Important SNPs
- Case 1: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions
- Case 2: Symptoms, DNA Results, Pathway, Key SNPs, Deficiencies and Protocol Suggestions

4:15 Q & A

5:00 *Closing*

Things to do in Branson

Concerts and Shows

Branson is full of options for shows from the Amazing Acrobats of Shanghai or watching the slight of hand of Illusionist Rick Thomson or listening to some country, bluegrass or good ole' rock n' roll performances. It is best to buy your tickets ahead of time to assure the best seating.



Theme Parks

Choose to enjoy the the Runaway Mountain Coaster and Flyaway Ziplines at Branson Mountain Park, the thrilling rides and attractions at Silver Dollar City or tours and show at Shepherd of the Hills outdoor drama.



Outdoor Activities

Rent an ATV or Jet Ski, Visit the Zoo, go Fishing, take a Zipline Adventure Tour, go Horseback Riding, Golf, go Kayaking or take a ride on the Main Street Lake Cruise.



Specialty Museums

There is a museum for about everyone here: Veterans Memorial Museum, Titanic Museum, World's Largest Toy Museum, Branson Auto & Farm Museum, Hollywood Wax Museum, Ripley's Believe it or Not!, Gaetz Tractor Museum, Celebrity Car Museum, Creation Experience Museum, History of Fishing Museum, Branson Centennial Museum, or the Branson Dinosaur Museum.

